



# Yoga with Kids



## For Ages 3 months+

These Yoga classes welcome yogis of all ages! We will include variations on each yoga pose for every age group participating. Come join this fun and healthy way to bond with your kids

Register early to ensure your spot

## Parent & Me Yoga

Parent & Me incorporates quality stretching and bonding with your young one. Each registration of infant/toddler includes participation of a single parent.

Ages	Day	Time	Dates	Fee	Code
3 Months - 3 Years & Parent	Tuesdays	3:00pm – 4:00pm	July 11—August 1	\$55R / \$69NR	414179 A1

## Family & me Yoga

Family & Me incorporates quality stretching and bonding with your young one(s). Registration is per person, whether adult or child. Registration of multiple children per parent is allowed.

Ages	Day	Time	Dates	Fee	Code
4-13 & Parent(s)	Tuesdays	4:00pm – 5:00pm	July 11—August 1	\$55R / \$69NR	414173 A1

<b>Location:</b>	Wellington Community Center   (561) 753-2484   12150 Forest Hill Boulevard
<b>Instructor Contact:</b>	Nichole Sampas: (561) 571-1606 Email: NRGDancestudioswpb@gmail.com
<b>Special Notes:</b>	Parent & Me includes fee for Parent. Family & Me fee is per person. If looking to register as an individual, please see our other Yoga programs. Please bring a Yoga mat & towel



### REGISTER ONLINE\*

You can register for most programs online at:  
[www.wellingtonfl.gov/webtrac](http://www.wellingtonfl.gov/webtrac)

By default your initial username and password are set as your Household Number. This number is found at the top left of your registration receipt.

*\*First time participants must register in-person to establish a household in our system. **Proof of residency and age required.** Not all programs available for online registration. Visit [wellingtonfl.gov/activityregistration](http://wellingtonfl.gov/activityregistration) for more info.*

### Transfer & Cancellation Refund Policy:

A \$10.00 per participant / activity administrative fee will be deducted for each transfer/refund. If you are unable to participate in your program, you must notify the office before the second activity/ class to receive your refund. No refunds are issued after the 2<sup>nd</sup> class. No refunds are considered once the activity/class is over, except in the case of a documented medical emergency.

### Special Assistance

If you are in need of any special assistance in order to participate in any of our programs, please call Chris O'Connor at (561) 612-6697, at least two weeks prior to the begin date of the program or class.

